

ALL ABOUT PREDIABETES



Prediabetes

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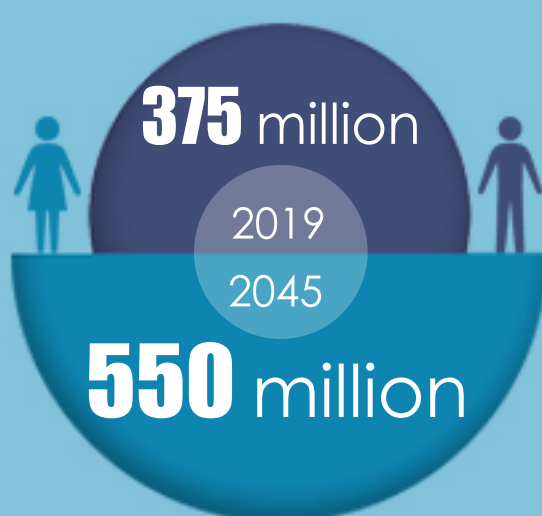
People with prediabetes are at high risk to develop type 2 diabetes



80% Prediabetes becomes Diabetes

Worldwide

Adults with prediabetes in the world



TOP COUNTRIES



Population with IGT* in million

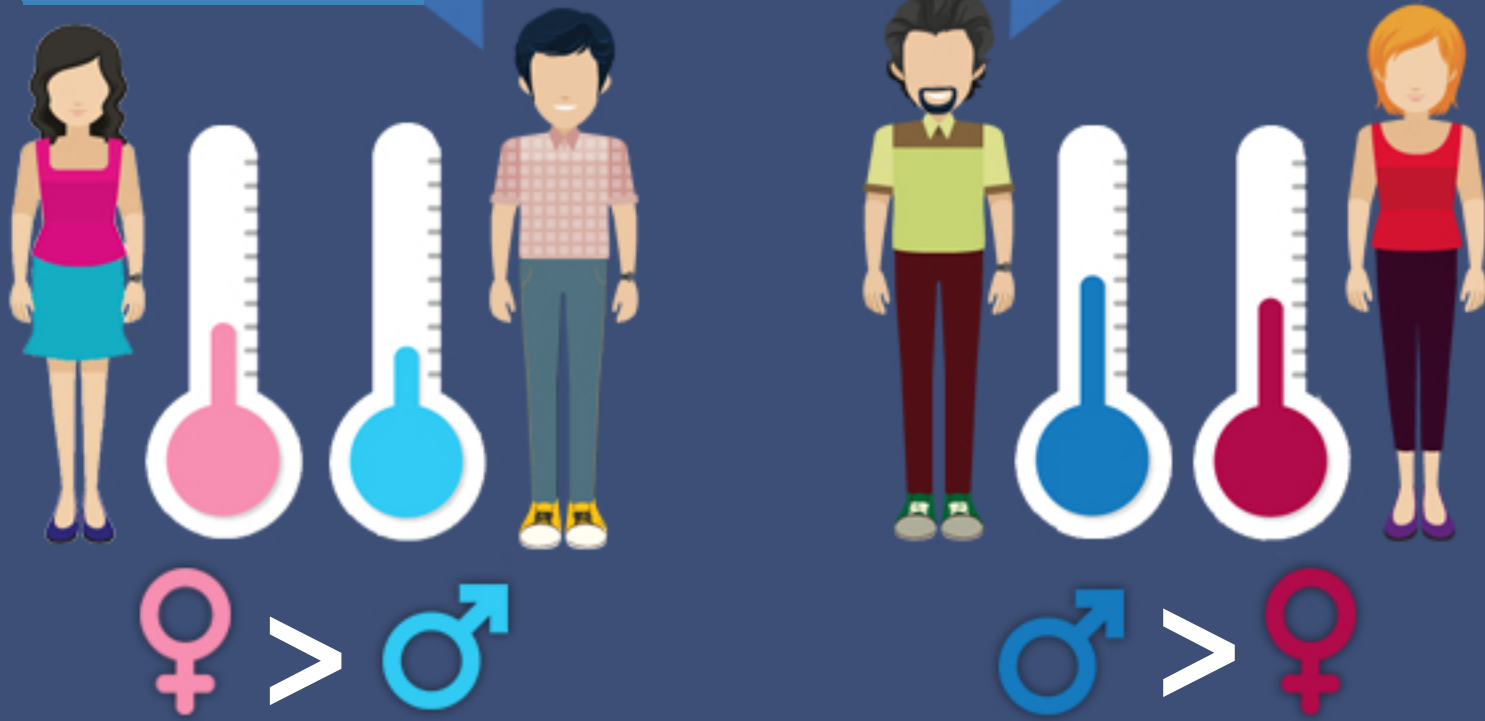
*Impaired Glucose Tolerance

By gender

Impaired Glucose Tolerance in adults by age and sex

20 - 44 years old

45 years old and more



Risk factors

ETHNIC ORIGINS

DIABETES FAMILY HISTORY

HYPERTENSION

AGE

OVERWEIGHT

5 Main Risks factors

TO PREVENT DIABETES

Adopt a healthy lifestyle



Sources: International Diabetes Federation (2017-2019), Diabetes.org.uk

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